

August 6, 2009

Volume 5, Issue 7

# Achieving Wellness

By Dr. Cale Copeland BSN, DC

## What Can Chiropractic Do for Your Child? (Part One)

### It's All About Function

Why do millions of parents bring their children to doctors of chiropractic every year? Is it only for highly dramatic health conditions? Is it only for when their child is hurting? Not at all! Chiropractic's purpose is to remove interferences to the natural healing power running through the body. When that power is unleashed the healing that results may be profound. Today we find more parents bringing their children to chiropractors for day-to-day health concerns we're all familiar with: colds, sore throats, ear infections, fevers, colic, asthma, tonsillitis, allergies, bed-wetting, infections, pains, falls, stomach-aches, and the hundred and one little and big things children go through as they grow up.

### Chiropractors *Do Not* Treat Disease

It's most important to understand that chiropractic is not a treatment for disease. Its purpose is to reduce nerve system stress, a serious and often painless condition most children (and adults) have in their bodies. Nerve system stress interferes with the proper functioning of the nervous system and can weaken internal organs and organ systems, lower resistance, and reduce healing potential, setting the stage for sickness and disorders of all kinds. When a chiropractor frees the nervous system from spinal stress, the healing power of the body is unleashed: the immune system works more efficiently, resistance to disease increases, and the body functions more efficiently. Your child can then respond to internal and external environmental stresses such as germs, changes in temperature, humidity, toxins, pollen and all the other stresses he/she comes in contact with more efficiently.

So although children with diseases are often brought to the chiropractor, the chiropractor is not treating their diseases but is instead reducing nerve system stress, thus permitting their body's natural healing potential to function at its best.

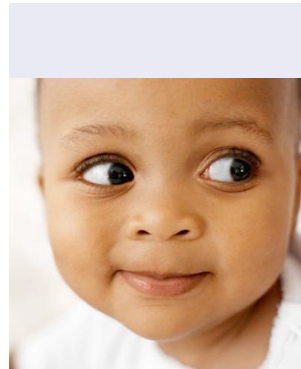
### What Exactly Is Nerve System Stress?

Nerve stress is caused by vertebral subluxations, which are misalignments or distortions of the spinal column, skull, hips, and related tissues (the structural system) that irritate, stretch, impinge or otherwise interfere with the proper function of the nervous system (the brain, spinal cord, spinal nerves and peripheral nerves). Since the nervous system controls all functions of the body, any interference to it can have wide-ranging effects.

### How Is Nerve System Stress Caused?

Nerve system stress can be caused by physical, chemical and/or emotional stress. Physical stress may start in the womb, with the baby lying in a distorted or twisted manner. Spinal nerve stress in newborns is common. This may be caused by a traumatic or difficult birth which can introduce great stress to the infant's skull, spinal column and pelvis. Throughout childhood, the normal childhood traumas every child experiences can be a source of spinal and cranial trauma. Most of the time, the pain from the initial injury "goes away" however the damage incurred continues to affect the future function of the child's nerve system.

<http://icpa4kids.org/why/function.htm>



**All You  
Need Is  
Love**



**&  
Spinal Decompression**

**Keep your appointments.**

**Share Chiropractic with your friends and family.**

**250.592.5553**

**www.vfchiro.com**