

By Dr. Cale Copeland BSN, DC

The Windsor Autopsies

Henry Winsor, a medical doctor, decided to investigate the healing art of chiropractic. The University of Pennsylvania gave Dr. Winsor permission to dissect human and animal cadavers to see if there was a relationship between any diseased internal organ discovered on autopsy and the vertebrae associated with the nerves that went to the organ. He dissected a total of 75 human and 22 cat cadavers. *"Two hundred twenty-one structures other than the spine were found diseased. Of these, 212 were observed to belong to the same sympathetic (nerve) segments as the vertebrae in curvature. Nine diseased organs belonged to different sympathetic segments from the vertebrae out of line. These figures cannot be expected to exactly coincide...for an organ may receive sympathetic filaments from several spinal segments and several organs may be supplied with sympathetic (nerve) filaments from the same spinal segments. In other words, there was nearly a 100% correlation between minor curvatures of the spine and diseases of the internal organs."*

MAKE SURE YOU UNDERSTAND THIS.

Stomach: All 9 cases of spinal misalignment in the mid-thoracics had stomach disease.

Lungs: All 26 cases of lung disease had spinal misalignments in the upper thoracics.

Liver: All 13 cases of liver disease had misalignments in the mid-thoracics (T5-T9).

Gallstones: All 5 cases with gallstone disease had spinal misalignments in the mid-thoracics.

Pancreas: All 3 cases with pancreas disease had spinal misalignments in the mid-thoracics.

Spleen: All 11 cases with spleen diseases had spinal misalignments in the mid-thoracics.

Kidney: All 17 cases with kidney disease were out of alignment in the lower thoracics.

Prostate & Bladder: All 8 cases with prostate and bladder disease had L2 and L3 misaligned.

Uterus: The 2 cases with the uterine conditions had the 2nd lumbar misaligned.

Heart: All 20 cases with heart conditions had the upper thoracic vertebrae (T1-T5) misaligned.

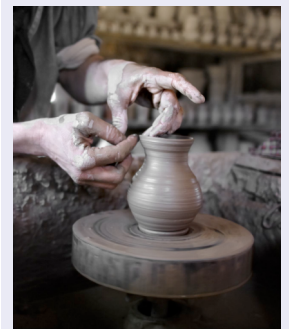
Similar studies by other researchers have confirmed Dr. Winsor's conclusion that degenerated and misaligned (think decompression and adjustments respectively) spines have a high correlation with disease processes. This field of somato-visceral disease is one of the fastest growing and most exciting areas of research in health care sciences – and chiropractic thrives as its leading advocate. Despite continued research and literature correlating the maintenance of health with the maintenance of the spine and the nervous system, chiropractic is the only health profession that takes this approach.

The age of the study quoted is to illustrate that the notion of health correlating with integrity of the spinal column was as true 88 years ago as it is today. Practice daily spinal hygiene!

Quote from: Winsor, H. Sympathetic segmental disturbances – II. The evidences of the association, in dissected cadavers, of visceral disease with vertebral deformities of the same sympathetic segments, The Medical Times, November 1921, pp./ 267-271

Author's Note

Teach your child to listen to their pain. The concept of pain should be taught to children as an important warning signal from the body that something is wrong and needs to be checked out. Taking prescription or over-the-counter pain relievers, as clever television commercials suggest, effectively mask the warning signal. As a result, the cause is ignored, children overextend themselves, the problem is worsened and can become a serious problem later in life. Painkillers are needed and important; however, they are grossly over used. A wise proverb says never take advice from someone more messed up than you. Pop culture health advertising from a sick nation needs to be scrutinized.



**Change
Your
Destiny**



Keep your appointments.

Share Chiropractic with your friends and family.

250.592.5553

www.vfchiro.com